# CHARACTERISTICS OF INCIDENCE RATE -OF COVID-19, ACUTE RESPIRATORY DISEASES, INFLUENZA AND COMMUNITY ACQUIRED -PNEUMONIA IN RUSSIA ACCORDING TO CLIMATE, GEOGRAFICAL ASPECTS AND POPULATION DENSITY

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**Background:** Understanding the impact of geographical aspects and population density on the incidence rate (IR) of -respiratory infections in Russia is necessary for successful control under the epidemic.

**Aim:** to estimate the increase in IR of respiratory infections in 2020 compared to the same period of -2016-2019 -.

**Materials and methods:** a retrospective study of IR of COVID-19, ARI, influenza and community acquired pneumonia (CAP) –in summarily –(respiratory infections and COVID-19 morbidity) in the first half of 2020 –in comparison with –morbidity of ARI, influenza and CAP (respiratory infections morbidity) the same period of 2016-2019 in 85 regions was performed. Additionally the –influence -of climate on COVID-19 morbidity -were estimated-.

#### **Results:**

The highest excess of– respiratory infections and COVID-19 morbidity –in 2020 –versus the average respiratory infections morbidity in 2016-2019 was observed in Buryatia-107.61%; Zabaykalsky Krai -134.09%; Tuva – 166.34%; the Kaliningrad region – 1023.41%; the Republic of Altai – 1212.78%; Dagestan – 2030.27%.

Buryatia, Tuva, Altai and Zabaykalsky Krai are located next to the China, and also border each other. The Kaliningrad region borders on the EU countries. Dagestan has a maritime border with 3 states, including Iran, where the epidemic COVID-19 began earlier. In 43 of the 85 regions of Russia, this excess was 10-50%; in 35 subjects varied from -50% to 100%.

The correlation between the incidence of COVID-19 and the population density in the regions was weak (r=0.26-).

The air pollution—, has also a weak relationship (r=0.26) to the incidence rate. —Moderate relationship was -observed -between the severity of negative temperatures in winter -and the level

of morbidity(r=-0.51). Milder climate probably contributed to the longer persistence of the virus in the environment and social activity.

### **Conclusion**:

Russian regions bordering the PRC, the EU, Central Asia and the Middle East demonstrated the highest IR of influenza, ARI, CAP and COVID-19—in summarility in the first part of this year versus—the morbidity of –influenza, ARI, CAP in average in first half of –2016-2019. IR of COVID-19—has—weak correlation—with population density—and—air pollution and moderate negative correlation—with winter temperature.

## **Conflict of interest:**

The authors declare no possible conflicts of interest.

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